# PE & SPORT AT BOTTESFORD JUNIORS



#### **AUTUMN TERM 2025**

We have had a fantastic start to our PE and sporting calendar for 2025 at Bottesford Juniors. The Year 4 children have especially enjoyed an introduction to tag rugby sessions and our Sports Ambassadors have settled in extremely well. As well as this, we have participated in two football tournaments organised by The Iron Foundation, the whole school participated in an inspirational assembly hosted by Invictus Games athlete and ex-soldier Steve Sampher and we have taken part in two live, active lessons hosted by the Royal Ballet and Opera. At Bottesford Junior School we believe that the health and wellbeing of our children is of upmost importance. We are working hard to ensure that our children are keeping as active as possible inside and outside of school.

## P.E.

This Autumn term has seen children participate in a variety of PE lessons both indoors and outdoors. Year 3 have developed their ball skills whilst Years 4, 5 & 6 developed their skills and tactical knowledge in basketball. As well as this, all years participated in their first gymnastics unit of the year developing their balance, leaping, turning and rolling skills. The second half-term has seen all years participate in tennis as well as two units of dance lessons with a variety of themes.











# **TAG RUGBY**

Since September, we have been working closely with Scunthorpe Rugby Union Football Club to introduce our children to tag rugby. Our Year 4 and Year 5 children have been taking part in sessions organised by SRUFC. They have participated in progressive sessions working on skills and tactics hosted by coach Steve and have thoroughly enjoyed doing this. It has been fantastic to hear that a number of Bottesford Junior School children are now attending sessions at Heslam Park outside of school. If you think your child would be interested in rugby, we have more information at the office.



## THE IRON FOUNDATION TOURNAMENTS

In November, we participated in two football tournaments organised by The Iron Foundation of Scunthorpe United Football Club. We took a Year 5 & 6 boys team as well as a Year 5 & 6 girls team. On the day, both teams played fantastically with each team earning a 2<sup>nd</sup> place finish. This means that we will progress to the next regional round to compete against other teams. We have more football fixtures coming up for the whole school and we are planning on organising matches against other schools in our area.









## **ATHLETE MENTOR VISIT – STEVE SAMPHER**



Life for Steve Sampher, of The Light Dragoons, changed forever while on tour in Afghanistan in 2012. Steve's tank was hit by an IED resulting in him losing a leg and he was then shot when the Taliban opened fire on his squadron. Steve's helmet saved his life.

Physical Activity has played a key role in Steve's recovery and he was selected to represent Great Britain at the 2023 Invictus Games in Dusseldorf picking up a silver medal in Wheelchair Rugby and a bronze medal in Wheelchair Basketball.

Steve hosted an assembly educating all pupils on his upbringing, his life as a soldier, the struggles he faced during recovery and how sport and physical activity has changed his life. The assembly was truly inspirational and was very well received by both pupils and staff who had some fantastic questions for Steve.

## **ETIHAD STADIUM VISIT**

In September, four of our Year 6 pupils had the fantastic opportunity to visit the Etihad Stadium, home of Manchester City Football Club. During their visit, the children enjoyed a full stadium tour, explored the impressive trophy and media rooms and took part in an engaging nutrition workshop led by Manchester City staff. The pupils — and Mr Baxter — had a brilliant day, even if Mr Baxter does tend to favour the red side of Manchester!







## **BOWLING**

In December, we were delighted to take part in an inclusive bowling competition at Ashby Bowl, organised by The Get Ahead Partnership.

Twelve enthusiastic pupils represented the school, all of whom had a wonderful time. Our teams performed brilliantly, finishing in a very respectable 4th and 8th place out of 10 competing teams.



## LIVE LESSONS: THE ROYAL BALLET & OPERA

This term, all children had the exciting opportunity to take part in two live lessons hosted by The Royal Ballet and Opera exploring the themes Discover Ballet and Discover Opera. During these interactive sessions, pupils were taken on a journey through time—travelling from the roots of ballet and opera to the modern day—while watching LIVE professional performances from famous productions and gaining a behind-the-scenes look at how props, scenery and lighting can transform the stage. Children were also active throughout both assemblies, joining in to practise key elements of ballet and opera, making the experience both creative and physically engaging.







## **SPORTS AMBASSADORS**

Our new Sports Ambassadors have settled brilliantly into their roles this term.

They have shown great enthusiasm, teamwork and leadership while supporting Mr Baxter in organising and running a wide range of activities on the bottom playground.

Their energy and commitment are helping to keep playtimes active, inclusive and fun for everyone.



## **YEAR 5 SWIMMING**

This term, Year 5 have successfully completed their swimming lessons in line with the National Curriculum developing a wide range of essential water skills at Riddings Swimming Pool.

87% are able to swim competently over 25m!

86% can use a range of strokes effectively

We are incredibly proud of their achievements and 90% of pupils can now perform safe self-rescue in different water-based situations, 86% can use a range of strokes effectively and 87% are able to swim competently, confidently and proficiently over a distance of 25 metres.

Well done, Year 5!

## **EXTRA CURRICULAR ACTIVITIES**

At Bottesford Juniors, we continue to offer a wide selection of extra-curricular activities both in school time and after school for our children to attend. From sport, dance, cheerleading and choir to cooking and arts & crafts, we will always strive to offer an activity your child could be interested in. Activities have been well attended this year but we always have space for more. In the near future, we will be asking children what after-school activities they would like to see us organise and run.

#### **ACTIVITIES AND CLUBS:**

- All Years Multisport
- Year 3/4 & 5/6 Dodgeball
- Year 3/4 & 5/6 Football
- Girls Football
- Year 3/4 & 5/6 Cheerleading
- Year 5/6 Golf
- Year 5/6 Hockey
- Year 4 & 6 Art
- Choir
- Year 5/6 Cookery

#### **TOTAL ATTENDANCE:**

253

(children attend multiple clubs)

## **THANK YOU**

As we approach the Christmas break and reflect on a fantastic, active first term, we would like to extend our heartfelt thanks to all parents and carers for your continued support at all of the sporting events and activities we have taken part in. Your encouragement, enthusiasm and willingness to help make these opportunities possible for our pupils and we truly value everything you do.

We would also like to express our gratitude to the dedicated staff team at Bottesford. Their commitment to providing memorable sporting experiences—often giving up their own time—ensures that every event runs smoothly and that our children have the very best opportunities to participate, compete and thrive.

We look forward to building on this success as we move into the Spring term