



MANOR ROADBOTTESFORD
SCUNTHORPE
NORTH LINCOLNSHIRE
DN16 3PB

TEL. NO: 01724 867906
head.bottesfordjuniors@northlincs.gov.uk

ACTING HEADTEACHER: MRS J BURT

Friday 13th February 2026

Dear Bottesford Junior School Community,

What a fantastic final week of this half-term!

Our week began with a whole-school assembly focusing on one of our core British values - individual liberty. This provided an important opportunity for our pupils to explore and understand this fundamental principle. We were also thrilled to welcome Local Authority advisors and Senior Leaders from our partner schools this week. They came to observe the amazing progress we've made in our curriculum development, modernisation of lesson structures, and innovative teaching techniques. While it was a busy couple of days, it was incredibly rewarding to open our doors and showcase our hard work. I was particularly proud of our children, who spoke eloquently and passionately about their experiences in our school community, truly demonstrating the spirit of Bottesford Junior School.

On Wednesday, our choir had an amazing opportunity to participate in the Young Voices concert in Sheffield. As always, our pupils shone brightly and had an incredible time! I want to extend a heartfelt thank you to the staff and volunteers who generously gave up their time to support this wonderful event.

Thursday was another exciting day. Mr Baxter led a team of Year 5 and Year 6 pupils to a Dodgeball competition at the Pods. I cannot express how proud we are of these children. Their support, dedication, and sportsmanship were truly exceptional and stood out among the other schools.



Also on Thursday, I had the absolute pleasure of inviting this half-term's 'platinum pupils' to join me for an afternoon of Bingo. What a thrilling afternoon it was! These children consistently demonstrate remarkable role-model behaviour, and it was wonderful to celebrate their achievements.

I'm also excited to share an update on our new reading scheme. We are currently in the process of installing the bookshelves and unpacking our wonderful new books. The transformation is already looking fantastic, and we can't wait for our pupils to explore these new resources.



World Book Day

On **Thursday 5th March** we will be celebrating World Book Day in school.

Children are invited to come to school in their pyjamas to promote the importance and value of bedtime stories and reading. This will be a non-uniform day. Children may bring in one small soft toy to cuddle up during story times on this day. We will be sharing lots of stories throughout the day.

Parents/carers or Grandparents are also invited to come into school to our Reading Café to share a book with their child 14:40-15:10:

Infant Site:

Red & Orange – Monday 2nd March 2026

Indigo & Violet class – Wednesday 4th March 2026

Yellow, Green & Blue class – Thursday 5th March 2026

Junior Site:

Yr3 – Monday 2nd March

Yr4 – Tuesday 3rd March

Yr5 – Wednesday 4th March

Yr6 – Thursday 5th March

Parents can bring a favourite book in to read or select one from our school on arrival. Should the reading café for your child be on the same day as their junior sibling, please contact the infant school office so we can co-ordinate this for you.

Values and Education for Our Children's Future

We are excited to gather your thoughts and perspectives as part of our ongoing effort to shape the values and educational focus of Bottesford Infants and Juniors as they come together as a federation on 1st March 2026. Your feedback will help us understand what is most important to you as we continue to develop the highest standard of education where our children thrive.

Please take five minutes to share your views **by Friday 20th February 2026**. Thank you for your participation!

<https://forms.gle/oFYkzfvSk9zn6AjS6>

Year 3 and Year 6 PE day changes:

For the next half term, we have arranged an exciting collaboration with Holme Hall Golf Club to introduce specialist golf coaching for our Year 3 and Year 6 pupils. This means there will be a slight adjustment to our PE lesson schedule to accommodate these expert-led sessions.

The new PE days will be as follows:

- Year 3 pupils will have PE lessons on Mondays and Thursdays
- Year 6 pupils will have PE lessons on Wednesdays and Fridays

As always, on these designated PE days, pupils should arrive at school dressed in their PE kits, ready to participate in these engaging sporting activities. The golfing coach will be teaching a range of golfing skills, providing our pupils with an opportunity to learn from a specialist instructor.

Parent Pitstop Lending Library

Each morning, the lending library trolley will come out with the Pitstop team, giving you the chance to borrow a book. It's very simple to use—just sign the clipboard sign-out sheet when you borrow a book and tick it again when you return it. We have a wide range of books available, covering topics from e-safety and wellbeing to learning support and growing up. We have attached a catalogue of all the books that are available to borrow. We hope you find this new resource helpful and enjoyable.

PE kits

With the cold weather firming with us, we'd like to reassure parents that we do our best to keep children comfortable and happy during PE lessons. Children are very welcome to wear thermal layers under their PE kits, and for outdoor sessions they may also wear coats, hats and gloves. Our PE team often take children onto the field for Rugby and Football, and at this time of year the grass can sometimes be damp or wet. To help with this, we kindly encourage children to bring a spare pair of socks so they can change into dry ones if needed. We

are also more than happy for children to bring their school shoes in their bags to change into after PE when the ground is particularly wet.

Water bottles

Can we please remind parents/carers to provide their child with a water bottle for School.

Weather changes

Now that the weather has changed, can we please ask that all children bring a warm coat to school every day. Can we also ask that children have a spare pair of socks in their school bags in case of rain.

Community Parking – Humberside Police

Humberside Police have received complaints in relation to the ongoing parking issues around Bottesford Infant and Junior School. This relates to the inconsiderate parking for not only other road users but also the local residents who have reported the blocking/ damaging of driveways and on occasions the rude comments and behaviour of drivers when asked to move. Officers are also aware of the ongoing concerns from us around the safety of the children attending, when drivers are clearly ignoring parking restrictions and the basic highway code. The police are just as concerned as our school community and realise that this is an issue which needs to be addressed before a tragic accident occurs and before residents are forced to take more extreme measures to protect their properties.

Although this needs to be enforced by the council, the safety of road users/ pedestrians and residents does fall under the responsibility of the police . The police want to inform you that this issue is being taken seriously and will continue to be monitored further by Humberside Police. They will be working in partnership with the local council and Bottesford Infant and Junior School to ensure everyone's safety and ways of encouraging road users to be more considerate going forward.

Half Term Study United

Join us for a fun and exciting session in our fully equipped Media Centre. Using our limitless Lego sets, create your own story and take pictures along the way. You will then use them to create your own Lego comic in the Lego Story Visualiser app. The session will include a Lego mini-figure Scavenger Hunt around the Attis Arena, Glanford Park.

Session Dates:

Tuesday 17th February. 10:00-12:00 and 13:00-15:00

Wednesday 18th February. 10:00-12:00 and 13:00-15:00

<https://eequ.org/book/limitless-lego-spring-half-term-with-study-united-fc-13946>

Suitable for ages: 7+

Session length: 2 hours

Cost: £5.00 per child participant

Parental supervision is NOT required.

Please bring suitable warm clothing/hats as part of the session will be outdoors.

Please note, this event is for children living in North Lincolnshire.

Parents wishing to stay with their children are NOT required to purchase a ticket.

Due to popular demand, and to allow more children to take part, please do not book more than one day/session. Bookings for multiple sessions will be cancelled.

Multiple tickets for a single session are, of course, welcomed.

If you have booked and discover you cannot attend, please cancel your booking to allow someone else the chance to come.

High School Musical – Frederick Gough School

Students at Frederick Gough School have been working incredibly hard since September to bring you this year's musical extravaganza, ***High School Musical***. Rehearsals are well and truly in full swing, and we are delighted to announce that **tickets are now on sale**.

The show dates are as follows:

Wednesday 25th March, 6:30pm–8:30pm

Thursday 26th March, 6:30pm–8:30pm

Friday 27th March, 6:30pm–8:30pm

All tickets must be purchased online via the following link: [**https://stagestubs.com/frederick-gough-school/high-school-musical**](https://stagestubs.com/frederick-gough-school/high-school-musical)

Audience members are asked to arrive no earlier than 6:10pm. Entry will be via the main school reception, where you will be escorted to the Auditorium and tickets will be scanned on entry. Each performance will begin promptly at 6:30pm and will finish at approximately 8:30pm.

Please note that all tickets must be purchased online, as we will not be able to accept cash payments. Refreshments will be available during the interval, with a voluntary donation requested. All money raised through the refreshment donations will be donated to Lindsey Lodge Hospice and Hope House.

We look forward to seeing you there and can absolutely promise it will be worth the watch. It's the perfect feel-good, family-friendly musical and the perfect way to end the Spring Term. Our students have shown incredible dedication and talent; we're so proud of them and the commitment they have demonstrated. We can't wait for you to see them shine on stage.

See you there!

Mobile phones/devices:

We understand that in some cases, it may be necessary for your child to bring a mobile phone to school, for example, if they are travelling to and from school independently. However, we have noticed an increasing number of pupils bringing their phones to school unnecessarily, without a valid reason. As such, we would like to remind all parents and carers that mobile phones should only be brought to school if they are absolutely necessary. Pupils who do not have a valid reason to bring a phone to school should leave them at home. If your child does need to bring a mobile phone to school, it must be switched off at the school gates on Manor Road.

Unfortunately, we have seen an increase in pupils using their mobiles on the school premises on their way in/out of school – this breaches the signed mobile phone agreement. Can we please ask you to remind the children that they must have their phone turned off whilst on the school site.

By working together, we can ensure that our school remains a safe and focused learning environment, free from the distractions and potential issues that can arise from the use of mobile phones.

Clubs – Starting w/c 23rd February

Dance Club Monday – continues from last term

SATS Club Thursday- continues from last term

More info for other clubs to follow next term

Attendance:

All children of primary school age are expected to achieve the government's national expectation for primary schools, which is 96% attendance. The list below shows the approximate attendance figures:

1 day off in a 6 week period = 96.5% attendance
2 days off in a 6 week period = 93% attendance
3 days off in a 6 week period = 90% attendance
4 days off in a 6 week period = 86.5% attendance
10 days off in a school year = 85% attendance

We are committed to providing a high-quality education for all of our children. In order for a child to reach their full potential, it is essential that their attendance is of a very high level. For this reason, holidays in term time are classed as unauthorised. A leave of absence form must be filled in, and returned to the office for all term-time leave. Please be aware that the Education Inclusion Service may issue a Penalty Notice or prosecution to multiple responsible adults with whom the child resides, regardless of circumstances. The Department for Education have updated the guidance related to school attendance which came into effect on 19th August 2024:

https://assets.publishing.service.gov.uk/media/65f1b048133c22b8eecd38f7/Working_together_to_improve_school_attendance_applies_from_19_August_2024.pdf

Community News (All posters below):

Charity Race Night – Sunflowers Action Group

North Lincs Council: Mini Music Makers

Dynamics Cricket Holiday Camp – Spaces available

SCJC – Junior Cooperative Choir

Directions Dance: Classes available

North Lincolnshire Council – Walk to school scheme

North Lincolnshire Council – EA Sports parent info leaflet

North Lincs Council – Dealing with traumatic and challenging events

Parent/Carer data

Please remember to keep us updated with any changes that may be needed for your child's file. You can make changes to your (and your child's) information via your Arbor account. Alternatively, you can inform the school office admin.bottesfordjuniors@northlincs.gov.uk

Childcare:

Here are the details for the wraparound providers that serve our local schools.

After Bell Club - 07505675454

Little Imps - 01724 761316

Emma Cobb - 07812 567 594

Natalie Watson - 07738 015 976

Dates for your diary so far (subject to change if the need arises):

Monday 23rd February – School reopens

Monday 23rd February – Parents Evening (more info to follow next week)

Tuesday 24th February – Parents Evening (more info to follow next week)

NHS Pharmacy First Service

Did you know that the NHS Pharmacy First Service enables children and adults to get convenient access to healthcare advice and treatment where appropriate, for seven common conditions without the potential delay of having to wait for a GP appointment? Accessing the service may mean that we can help children feel better and get back to school as quickly as possible, as well as supporting parents/carers to also get better if they are unwell with one of the conditions covered under the service.

There is no need to make an appointment; parents or carers can pop into their local Boots pharmacy with their child and ask for help under the service.

Support for the following conditions can be accessed under the service, free of charge (unless NHS prescription charges apply):

| Common condition | Patient eligibility |
|----------------------------------|----------------------------|
| Earache | 1 to 17 years |
| Impetigo | 1 year and over |
| Infected insect bites and stings | 1 year and over |
| Sore throats | 5 years and over |
| Sinusitis | 12 years and over |
| Uncomplicated urinary tract | Women 16 to 64 years |
| Shingles | 18 years and over |



RACE *night*



Raising Money For
Sunflowers Action Group

Date: Friday 6th March 2026

Time: 7:00pm

Brumby Hall Social Club
Ashby Rd, Scunthorpe, DN16 1AA

TICKETS
£10

INCLUDED

- Pie & Peas
- Race Night
- Disco



MINI MUSIC MAKERS



Thursday - Term time only



11:00 - 11:45 (Mixed ages class)



North Lincolnshire Museum



£2.00 No booking required



Supported by public funding by
**ARTS COUNCIL
ENGLAND**



North Lincolnshire Music

**North
Lincolnshire
Council**



DYNAMOS
CRICKET
HOLIDAY CAMP

FEBRUARY HALF TERM GIRLS DYNAMOS CAMPS

ONLY 16 FREE SPACES EACH DAY!

17 February 2026

Clee Fields
Sports Hall
DN32 9SW

18 February 2026

Pembroke Academy
Sports Hall
LN3 4JP

19 February 2026

Frederick Gough School
Sports Hall
DN16 3NG

**TIMES:
10:00-15:00**



To sign up
see QR Code or link below
<https://tinyurl.com/3ktxxdrr>



**ICC
WOMEN'S T20
WORLD CUP
ENGLAND & WALES 2026**





LITTLE CHOIR: 3 - 6 yrs
5:30pm - 6:00pm

TRAINING CHOIR: 6 - 9 yrs
5:30pm - 6:30pm

MAIN CHOIR: 9 - 19 yrs
6:30pm - 8:00pm

**NO EXPERIENCE
NECESSARY**



**WE ARE LOOKING
FOR NEW SINGERS**

**FRIDAYS, IN TERM TIME,
AT OASIS ACADEMY
HENDERSON AVENUE,
DN15 7RW**

DANCE CLASS



BEGINNER CLASS - SATURDAYS 9.15 - 10.00AM

AGES 4+

ADDITIONAL CLASSES AVAILABLE

**45A NEWDOWN ROAD
SCUNTHORPE
DN17 2TX**

CONTACT FACEBOOK

**@DIRECTIONS SCUNTHORPE
@KIRSTY RICHARD**

GET FIT, HAVE FUN, MAKE FRIENDS



DIRECTIONS-DANCE@HOTMAIL.CO.UK

**DITCH THE CAR IF
IT'S NOT THAT FAR**



Introduce walking into your daily routine

Go to www.northlincs.gov.uk/walk-to-school for links, tips and information

What Parents & Educators Need to Know about EA SPORTS FC 26



WHAT ARE THE RISKS?

Our guide looks at the risks surrounding EA Sports FC 26 and our top tips to minimise them. This marks the third year since EA left the FIFA licence, and the game is mostly unchanged from last year. While Kick-Off mode is great for playing with friends and Career Mode allows players to fulfil long-term ambitions as a manager or player, Ultimate Team remains the main draw for many players – and it can get out of hand in terms of how much money players can invest.

AN ANNUAL RELEASE SCHEDULE

As was the case with the last two EA Sports FC games and the FIFA series before it, the franchise rolls out once a year with updated squads and new features. This can make it expensive to keep up with, particularly when so many dedicated players are keen to get their hands on the latest edition.

VOICE CHAT

Voice chat can be enabled across all platforms, meaning young people can speak to anyone they play with or against. While it can be switched off, some children may not want to switch it off if they play. This also means they may encounter strangers much older than them, which can expose them to inappropriate language or behaviours.

IN-GAME PURCHASES THROUGH ULTIMATE TEAM

Ultimate Team is the big draw for EA Sports FC, letting players spend real money on packs that they can open to build a squad of the world's best players. They're not always easy to obtain, and new, improved versions of players will be regularly added as limited-time offerings. Young people could feel pressured into spending money and experience fear of missing out.

SCAMMERS IN ULTIMATE TEAM

Ultimate Team is managed by EA itself, but that hasn't stopped scammers from looking to dupe players out of money and in-game coins. Some scammers sell their accounts, which is a violation of EA's terms of service, while others will 'self coin' – something the developer is still working to crack down on. Some try to gain access to others' accounts, potentially giving them access to payment information.

POTENTIAL FOR ADDICTION

While EA Sports FC is potentially addictive, thanks to its fast-paced gameplay and mimicking of the real-world skill and glamour of football, Ultimate Team's focus on limited-time rewards and the lottery of winning packs can make it feel closer to gambling than gaming, which may lead to addiction and impulsive spending of money.

Advice for Parents & Educators

PREPARE FOR ANOTHER GAME IN A YEAR

The annual-release cadence aligns with the return of the school year, and can be a great way to incentivise good behaviour at the start of term. If children are applying themselves and preparing for a new year of school, or were particularly well behaved in the summer, EA Sports FC 26 could make a great reward.

LIMIT SPENDING

If you're worried about children accidentally spending real money in Ultimate Team, whether in-game or on the EA Sports FC companion app, don't link a payment card to their account. Reclaiming funds can be a mountain to climb, and the dopamine hit of opening daily packs with click animations means one purchase can lead to another very quickly. It's also worth adding a prepaid card if you'd prefer them to make their own choices with their budget.

Meet Our Expert

Lloyd Coombes is an experienced freelance writer and has been working in the gaming and tech industry for seven years. A regular visitor to the App Store to try out new tools, he's also a parent and therefore understands the importance of online safety. He's also a tech and fitness writer and has been published at sites including IGN, TechRadar, and plenty more.

MONITOR VOICE CHAT

As in-game chat is open, be sure to adjust the settings in EA Sports FC 26 to lock it down. If children want to chat with their friends while they play, consider setting up a safe space for them to call, to allow them to play without fear of outsiders.

BE VIGILANT

As with last year, there are ways to keep scammers at bay. Ensure passwords are locked down, and consider using a password manager application to keep them secure. EA will never contact players through the game itself, so be vigilant with incoming messages, and block and report suspected spam. EA will contact players by email if needed, but they will never ask for usernames or passwords. Players should also avoid buying in-game currency from unofficial websites – doing so can lead to accounts being banned and could cost players money in the process.

The National College

Source: [Source: <https://nationalcollege.com/guides/ea-sports-fc-26>](https://nationalcollege.com/guides/ea-sports-fc-26)

X @wake_up_weds

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www.uniform-direct.com

Official School Uniform Suppliers for



Bottesford Junior School

| | |
|--------------------------------------|--------------------|
| Navy Sweatshirt with Logo | from £8.00 |
| Navy Cardigan with Logo | from £9.00 |
| White Polo Shirt with Logo | from £7.00 |
| Grey or Black Trousers | from £6.00 |
| Grey or Black Skirts | from £7.00 |
| Sky Blue PE Hoodie with Logo | from £16.00 |
| Sky Blue PE T-Shirt with Logo | from £5.50 |
| Navy Deluxe Bookbag with Logo | £7.00 |
| Navy PE Bag with Logo | £4.50 |
| Black or Navy PE Shorts | from £4.00 |



Order your School Uniform **Online** at www.uniform-direct.com

Visit us **in store** Uniform Direct, Market Street, **Gainsborough**

Ordering for September? - Allow plenty of time ✓ Order Now

✓ April-June Best time to order

✓ July Expect Delays

✗ Aug-Sept Extreme Delays

Not guaranteed for back to school



www.shahsuniform.co.uk

109 -111 West St, Scunthorpe DN15 6HX

**Official School Uniform Supplier for:
Bottesford Junior School**

| | |
|--|---------------------------|
| Navy Sweatshirt | £13.99 |
| Navy Cardigan | £15.99 |
| Polo Shirt | <i>from</i> £8.99 |
| P.E T-shirt | <i>from</i> £6.99 |
| P.E Hoodie | £16.99 |
| P.E Shorts | <i>from</i> £4.99 |
| Red Sweatshirt | <i>from</i> £11.99 |
| Red Cardigan | <i>from</i> £13.50 |
| Bookbag | <i>from</i> 6.99 |
| P.E Bag <i>including zip pocket</i> | £8.50 |
| Grey or Black Trousers | <i>from</i> £7.99 |
| Grey or Black Skirts | <i>from</i> £7.99 |

All uniform is **available in store and online** -
Payment plan available online



ATTENDANCE

WHAT THE NEW RULES MEAN FOR ME

1

I'm a single parent of one child and we want to go on holiday for a week.

Your holiday will not be authorised and you must talk to the school before you book anything. Because your child will miss 5 school days you will be given a penalty notice fine. The fine is £160 but if you pay it in 21 days it will be reduced to £80.



£160

2

FOR EVERY CHILD A PENALTY IS GIVEN.



IRREGULAR ATTENDANCE

10 IN 10

5

If your child is absent for 10 or more sessions in 10 weeks and their absences are unauthorised, the school will consider prosecution.

1 Day = 2 Sessions

3

FOR A FAMILY OF TWO PARENTS



**4 children & 2 parents =
£1280**

4

2ND TIME

2 parents and
1 child = £320
2 children = 640
3 children = 960
4 children = 1280

No discount for early payment



3RD TIME

A penalty notice fine will not be given. Instead, your case will be taken to court.
A magistrate can fine each parent £2500 for each child
1 parent & 4 children = £10,000
2 parents & 4 children = £20,000

10 Top Tips for Parents and Educators DEALING WITH TRAUMATIC & CHALLENGING EVENTS

Children and young people may face a wide range of traumatic or challenging events – from bereavement and illness to bullying, family breakdowns, or witnessing violence. These experiences can affect their mental health, behaviour, relationships, and academic progress. With the right support from trusted adults, children can begin to feel safe, rebuild resilience, and develop healthy coping strategies. This guide offers practical and empathetic ways to provide support and promote positive outcomes.

1 A PREDICTABLE ENVIRONMENT

Children who have experienced trauma often feel unsafe or uncertain. Creating routines, setting clear expectations, and maintaining consistency can help restore a sense of security. This structure offers reassurance and helps children feel more in control of their surroundings.

2 USE LANGUAGE THAT MATCHES THEIR AGE

Speak clearly and sensitively, choosing words that are appropriate for the child's age. Avoid overwhelming them with too much information at once. Offer gentle, honest explanations and focus on reassurance, especially when talking about difficult or sensitive subjects.

3 TRAUMA AND THE BODY

Mention briefly that trauma can show up in physical ways, such as changes in sleep, appetite, concentration, or as physical aches and pains. Consider this before labelling behaviour as 'difficult' or 'lazy'. Some children may become withdrawn, while others may be more outwardly challenging. Highlight that there's no 'one way' children respond.

4 AVOID RETELLING OR RELIVING TRAUMA

Children sometimes get asked to explain or repeat their experience multiple times. Striking a balance of when to listen and when to gently redirect can help to avoid unnecessary re-traumatisation. Acknowledge, but don't probe for detail unless safeguarding procedures require it.

5 AVOID DISMISSING OR MINIMISING FEELINGS

Seemingly well-meaning comments like 'It's not that bad' or 'You're okay' may shut down children's emotional expression and are often not helpful. Instead, acknowledge what they're feeling, even if it seems small. Validating a child's emotions helps them feel seen and encourages open communication in future.

Meet Our Expert

This guide has been written by Anna Bateman. Anna is passionate about placing prevention at the heart of every school by integrating mental wellbeing within the curriculum, school cultures, and systems. She has been a member of the advisory group for the Department for Education, advising them on their mental health green paper.



6 UNDERSTAND HOW THEY'RE FEELING

Many children don't have the words to express their emotions, especially during distress. Supporting them to name what they're feeling – such as angry, scared or sad – builds emotional literacy. Tools like emotion charts, drawing, or storytelling can help externalise feelings in a safe, manageable way.

7 BE AWARE OF YOUR OWN RESPONSES

Children pick up on adult emotions and reactions, often mirroring them. Staying calm, even in challenging situations, helps children feel more secure. Practising your own self-regulation is an important way to model healthy stress management and encourages children to do the same.

8 SEEK PROFESSIONAL SUPPORT

While many children benefit from everyday emotional support, some will need more specialised help. If symptoms persist, worsen, or disrupt their daily life, consult with school safeguarding leads, a GP, or a mental health professional. Early intervention can prevent long-term difficulties and support healthy recovery.

9 MAINTAIN CONNECTION

Isolation can worsen the impact of trauma. Encourage involvement in group activities, praise their efforts, and ensure they feel like a valued part of the school or family community. Meaningful connection with trusted adults and peers builds resilience and a sense of belonging.

10 BE PATIENT – HEALING TAKES TIME

There's no quick fix for emotional recovery. Children may have good days and setbacks, and progress may not always be visible or linear. Your ongoing support, patience, and presence can help them move forward at their own pace, knowing they are not alone.

#WakeUp
Wednesday

The
National
College

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@wake.up.wednesday

@wake.up.weds

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